

Carleton Place Aquatics

LIFEGUARD

Program Flow Chart

National Lifeguard Service



Lifesaving Standard First Aid
& CPR-C



Bronze Cross



Bronze Medallion



& Emergency First Aid



Bronze Star
& Basic First Aid



Swim Patrol

OR Junior Lifeguard Club



Swimmer 6

Bronze Programs

Bronze Star / Basic First Aid \$87.50

Pre-Requisite: Recommended age 12 yrs

Sundays 4:45-6 pm

Sept 11–Nov 13, 2011 (no class Oct 9)

Nov 20–Jan 29, 2012 (no classes Dec 25 or Jan 1)

Feb 5–Apr 15, 2012 (no classes Mar 11 or Apr 8)

Apr 22–June 24, 2012 (no class May 20)

Bronze Medallion / Emergency First Aid

\$111.50 + Canadian Lifesaving Manual

Pre-Requisite: 13 yrs of age or Bronze Star

Sundays 6:00-8:00 pm

Sept 18–Dec 4, 2011 (no class Oct 9)

Jan 8-Mar 25, 2012 (no classes Dec 25, Jan 1)

Apr 1- June 24, 2012 (no classes Mar 11, Apr 8)

Bronze Cross \$111.50

Pre-Requisite: Bronze Med & Emerg First Aid

Sundays 6:00–8:00 pm

Sept 18–Dec 4, 2011 (no class Oct 9)

Jan 8-Mar 25, 2012 (no classes Dec 25, Jan 1)

Apr 1- June 24, 2012 (no classes Mar 11, Apr 8)

IMPORTANT NOTE: All candidates must read and sign a copy of the Bronze Medallion, Bronze Cross Agreement Policy before the first night of the program.



359 Bridge Street, Carleton Place, ON. K7C 3H9

www.carletonplace.ca

Your Aquatic Center serving Carleton Place, Beckwith,
and Mississippi Mills.

**Bronze Programs
Junior Lifeguard Club
2011/2012**

Some additional programs offered at the Carleton Place Pool include the following:

- ◆ Lifesaving Standard First Aid Training (WSIB Approved)
- ◆ Junior Lifeguard Club—JLC
- ◆ Lifesaving Swim Instructor Program
- ◆ Lifesaving Instructor Program
- ◆ Lifesaving B.O.A.T Certification



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359 Bridge St. Carleton Place, Ontario, K7C 3H9
(613) 257-1005 or (613) 257-8302 Fax: (613) 257-3708
cppool@telecomottawa.net

Aquatics Refund Policy

- ⊙ Full refunds, less administration fees, will be issued when the request is received prior to the start date of a program.
- ⊙ No refunds, credits, withdrawals, or transfers will be permitted from the program on the start date or later.
- ⊙ Pro rated refunds, less administration fees, will be considered after the start date for medical reasons supported with documentation.

Aquatic staff reserves the right to transfer individuals to improve class ratios and customer service. Aquatic staff reserves the right to cancel or change programs due to low enrollment or scheduling conflicts.

All refunds will have a \$11.00 administration fee applied. If the client wishes to credit their account there will be no administration fee applied. Account credits cannot be transferred to a refund request at a later date and can only be used for future program registrations.

Pricing of aquatic programs may change without notice.

JUNIOR LIFEGUARD CLUB 2011-2012

Junior Lifeguard Club (JLC) is a fun-filled program located at the Carleton Place Pool. The program focuses on improving swimming skills, teamwork, fitness, and leadership. JLC Instructors are all certified Lifesaving Instructor qualified.

FALL 2011-Spring 2012	JUNIORS Ages 8-11 years	SENIORS Ages 12-15 years
PREREQUISITES	Minimum age 8 years Capable of swimming 25 meters Able to tread water for 2 minutes	Minimum age 12 years Capable of swimming 25 meters Able to tread water for 2 minutes
JLC DATES & TIMES	Sundays 6:00-7:00 pm Fridays 4:00-5:00 pm	Sundays 7:00 -8:00 pm Wednesdays 7:00-8:30 pm Fridays 4:00-5:00 pm
JLC TRAINING SESSIONS	Full Term Sept 11 —June 24 Fall Only Sept 11 —Dec 23 Winter Only Jan 8—Mar 9 Spring Only Mar 18—June 24	Full Term Sept 11 —June 24 Fall Only Sept 11—Dec 23 Winter Only Jan 8—Mar 9 Spring Only Mar 18-June 24
JLC FEES	Full Term \$195.75 Per Session-Fall \$105.00-Winter \$70.00 -Spring \$84.25	Full Term \$345.00 Per Session-Fall\$157.75-Winter\$105.00 -Spring\$126.25
No Classes— Oct 9, Dec 25, 28, 30, Jan 1, 4, 6, Mar 11, 14, 16, Apr 6, 8, or May 20		

JUNIOR LIFEGUARD CLUB TELEGAMES

TeleGames are club level competitions held at various facilities during the same week. Events are planned within each club, giving participants an opportunity to compete against their personal bests. The results are forwarded to the Lifesaving Society scoring center where results from all participating clubs are compiled and tabulated. TeleGames are designed to encourage youth to participate in some serious fun while having the opportunity to compare their performance with other Junior Lifeguards—all without traveling. Our Club will participate in at least **one** of these events throughout the year.